



*“Our area is home to an increasing number of elders, and data tell us that every one of us will encounter dementia; it might be a stranger, a neighbor, a patient, or a member of your church. Would you know how to approach an elder who seems lost, or unsure of negotiating a simple purchase? Would you feel equipped to help?”*

*The dementia capable community shapes an informed environment that includes businesses, healthcare institutions, and faith-communities. It's imperative that we create this safety-net to support and care for those who have cared for us.”*

-- Meike West, Triangle Area President, LifeLinks



## Who We Are

### About Us

The Dementia Capable Cary Action Team is a group of local senior advocates, caregivers, and businesses that recognize the varied and serious impacts dementia has on our area of North Carolina, and who are committed to educate and engage our region in a grassroots effort to create more dementia-capable community.

## How Can I Get Involved?

### By contacting us!

There are numerous ways to support this mission and become involved.

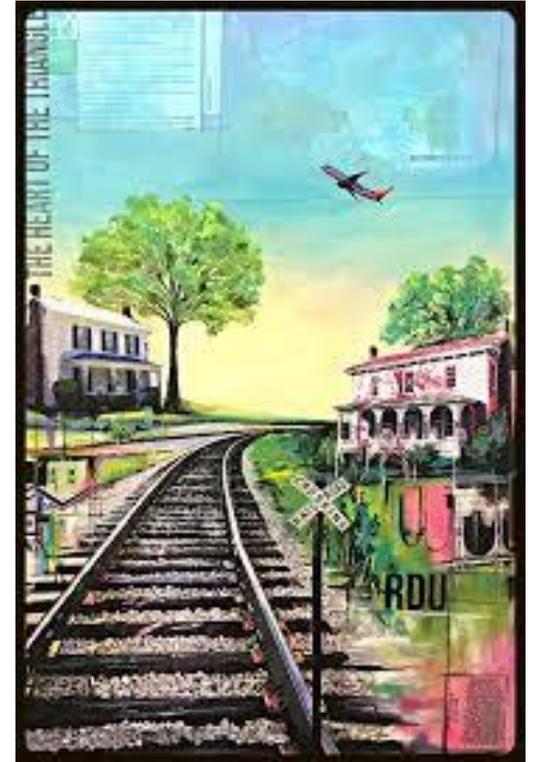
**Phone:** 919.465.0356

**Email:** Angela.Bush@kiscosl.com



### DEMENTIA CAPABLE CARY

300 Kildaire Woods Drive  
Cary, NC 27511



# DEMENTIA CAPABLE CARY

An initiative to empower, educate, and engage individuals living with dementia, their caregivers, and businesses within our local community.



*“Creating a dementia-capable community is not only economical, it is the right thing to do. Because the impact of dementia crosses all ages, races, and economic statuses, a dementia-capable community is about everyone.”*

-- Mark Hensley, Dementia Services Coordinator, Division of Aging and Adult Services

## What Does It Mean to Be a Dementia Capable Community?

Dementia capable communities are an extension of the broader Dementia Friendly America initiative (for more information visit [dfamerica.org](http://dfamerica.org)).

**The dementia-capable community is one where:**

People with dementia are treated with respect and dignity.

Area businesses, organizations, and individuals recognize symptoms of dementia and how to interact with dementia-affected persons and caregivers.

Resources are available to seniors and their caregivers.



## Pillars of the Cary Initiative

- ❖ Raising awareness and transforming attitudes regarding dementia
- ❖ Educating and empowering individuals, caregivers, businesses, and the local community
- ❖ Having supportive options that foster quality of life for elders, families, and caregivers
- ❖ Promoting meaningful participation in all areas of community life
- ❖ Reaching those who are underserved

## The Background

- ❖ Alzheimer's affects 1 in 7 North Carolinians over the age of 65
- ❖ 210,000 people in NC will be living with Alzheimer's disease by 2025
- ❖ Alzheimer's and related dementias significantly impact North Carolina families and the community at large. It is estimated that North Carolinians provided \$6.2 billion in unpaid care for loved ones with dementia in 2014 alone.