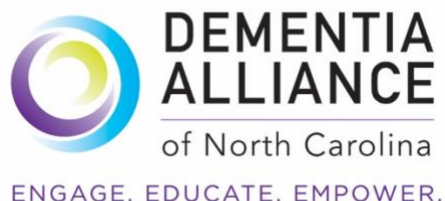


The 10 Absolutes of Caregiving

Never Argue	Instead <i>Agree</i>
Never Reason	Instead <i>Divert</i>
Never Shame	Instead <i>Distract</i>
Never Lecture	Instead <i>Reassure</i>
Never Say “Remember?”	Instead <i>Reminisce</i>
Never Say “I told you...”	Instead <i>Repeat</i> and <i>Regroup</i>
Never Say “You can’t ...”	Instead <i>Find Out What They Can Do</i>
Never Command or Demand	Instead <i>Ask</i> and <i>Model</i>
Never Condescend	Instead <i>Encourage</i> and <i>Praise</i>
Never Force	Instead <i>Reinforce</i>

Courtesy of: www.alzheimershope.com



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