



# DEMENTIA ALLIANCE

of North Carolina

- formerly Alzheimer's North Carolina -

<b>Alamance</b>	FTD Caregivers	Burlington	3rd Tues	6:00 PM	919-632-8083	Kathy LaFone	timlafone@yahoo.com
<b>Beaufort</b>		Washington	4th Mon	5:30 PM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Brunswick</b>		Bolivia	2nd Thurs	2:00 PM	910-755-5955	Heather Garrison	brunswick_sw@choice-health.net
		Leland	2nd Thurs	10:00 AM	910-395-4553	Holly Pilson	hpilson@capefearcog.org
		Supply	2nd Thurs	2:00 PM	919-754-7604	Melissa Starr	mstarr@bsrinc.org
		Southport	Last Wed	Call for time	910-395-4553	Holly Pilson	hpilson@capefearcog.org
		Southport	3rd Wed	1:00 PM	910-368-7060	Vicki Carlson	bfairy65@gmail.com
		Southport	2nd Thurs	1:00 PM	910-454-4001	Richard Sanfilippo	richard.sanfilippo@carillonassistedliving.com
<b>Buncombe</b>		Asheville	3rd Tues	1:00 PM	828-230-4143	Mary Donnelly	network@memorycare.org
		Candler	2nd Thurs	1:00 PM	828-230-4143	Mary Donnelly	network@memorycare.org
		Black Mountain	2nd Tues	9:30 AM	828-230-4143	Mary Donnelly	network@memorycare.org
	Early Stage for Individuals	Black Mountain	2nd Tues	9:30 AM	828-301-0529	Mel Kelley	avant_garden@msn.com
		Woodfin	4th Tues	1:00 PM	828-301-0740	Pat Hilgendorf	patricia.hilgendorf@gmail.com
<b>Cabarrus</b>		Concord	1st Wed	12:15 PM	704-795-1200	Catherine Brown	cbrown1@5ssl.com
<b>Carteret</b>		Morehead City	2nd Thurs	1:30 PM	252-241-2201	Pat Wesson	pwesson@friendlycaregivers.com
		Cape Carteret	1st & 3rd Tues	1:30 PM	252-393-3243	Joyce Manley	jandwnc2@gmail.com
<b>Chatham</b>		Pittsboro	3rd Mon	6:00 PM	919-542-4512	Susan Hardy	susan.hardy@chathamcoa.org
<b>Craven</b>		New Bern	1st Wed	1:00 PM	252-636-0831	Nancy Willett	mommywillett@gmail.com
		New Bern	3rd Thurs	2:00 PM	252-633-1779	Alison Schneider	aschneider@courtyardsbernevillage.com
	Individual recently diagnosed	New Bern	4th Tues	10:00 AM	252-638-1790	Kim Grissom	kimberly.grissom@cravencountync.gov
		New Bern	1st Mon	4:00 PM	252-638-1790	Kim Grissom	kimberly.grissom@cravencountync.gov
<b>Cumberland</b>		Fayetteville	3rd Tues	2:00 PM	910-615-1633	Sam Hutchison	shutchison@capefearvalley.com
		Fayetteville	3rd Thurs	12:30 PM	910-323-4191x23	Carla Smith	csmith@mccog.org
		Fayetteville	1st Wed	6:30 PM	910-764-2020	Nathan William	
<b>Dare</b>		Kitty Hawk	3rd Thurs	1:00 PM	252-480-3354	Gail Sonnesso	gsonnesso@gmail.com
<b>Davie</b>		Mocksville	2nd Tues	5:30PM	336-753-6233	Kelly Sloan	ksloan@daviemountync.gov
<b>Duplin</b>		Kenansville	1st Tues	6:00 PM	910-296-2140	Melisa Brown	melisab@duplincountync.com
<b>Durham</b>		Durham	Last Thurs	6:30 PM	919-660-7510	Janeli McNeal	janeli.mcneal@duke.edu
		Dtrs & Dtrs-in-law	Last Wed	12:00PM	919-660-7510	Bobbi Matchar	barbara.matchar@duke.edu
		Durham	4th Tues	10:30 AM	919-660-7508	Lisa Gwyther	Lisa.Gwyther@duke.edu
<b>Edgecombe</b>		Tarboro	2nd Tues	1:00 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
<b>Forsyth</b>	FTD Caregivers	Winston-Salem	2nd Mon	7:00PM	336-399-6968	Rona Klein	points14@live.com
		Winston-Salem	2nd Mon	6:00PM	336-722-7118	Regina Banner	rbanner@5ssl.com

	Winston-Salem	Every Wed	11:00 AM	336-724-2155	Sharon Welborn	swelborn@seniorservicesinc.org
	Winston-Salem	Every Fri	12:15 PM	336-724-2155	Sharon Welborn	swelborn@seniorservicesinc.org
<b>Franklin</b>	Louisburg	2nd Mon	7:00 PM	919-496-1131	Wendy Hunter	whunter@franklincountync.us
<b>Granville</b>	Oxford	1st Wed	12:00 PM	919-690-3273	Rachel Pennington	rpennington@granvillemedical.com
<b>Greene</b>	Snow Hill	4th Friday	12:00 PM	252-747-8402	Sharon Harrison	sharon.harrison@greencountync.gov
<b>Guilford</b>	High Point	1st Wed	1:00 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
	Greensboro	2nd Tues	12:30 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
	Greensboro	Last Tues	5:45 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
<b>Halifax</b>	Enfield	2nd Wed	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
	Roanoke Rapids	3rd Wed	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
	Scotland Neck	4th Tues	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
<b>Harnett</b>	Lillington	3rd Thurs	11:00AM	910-814-6075	Latorius Adams	lsadams@harnett.org
<b>Haywood</b>	Waynesville	4th Tues	5:30 PM	828-926-0018	Marian Badgley	mwbadgley@bellsouth.net
<b>Henderson</b>	Fletcher	1st Tues	1:00 PM	828-301-0740	Pat Hilgendorf	patricia.hilgendorf@gmail.com
	Hendersonville	Every Thurs	1:30 PM	828-974-1981	Bill Smutny	
	Hendersonville	3rd Tues	1:30 PM	828-696-9799	Lisa Kauffman	lisak561@bellsouth.net
	*A meeting for the newly diagnosed memory loss meets at the same time.					
<b>Hertford</b>	Ahoskie	4th Tues	11:00AM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Johnston</b>	Benson	1st Thurs	5:30 PM	919-934-6066	Haley Williford	haley@cssjohnston.org
	Clayton	4th Thurs	6:00 PM	919-934-6066	Pam Maynor	pam@cssjohnston.org
	Clayton	3rd Thurs	6:00 PM	919-553-6144	Lisa Lawson	mssladylawson@gmail.com
	Clayton	3rd Thurs	3:00 PM	919-703-7368	Pam Mayo	Pamela.mayo@saberhealth.com
	Smithfield	3rd Thurs	1:30 PM	919-934-6066	Pam Maynor	pam@cssjohnston.org
<b>Lee</b>	Sanford	1st/3rd Thurs	1:00PM	919-776-0501 x2230	Holly Hight	hhight@leecountync.gov
<b>Lenoir</b>	Kinston	1st Tues	6:00 PM	252-526-7242	Sue Shivar	shivar2008@embarqmail.com
	Kinston	2nd Thurs	10:00 AM	252-523-3099	Stephanie Pollard	knccc@hhhunt.com
<b>Martin</b>	Williamston	2nd Mon	10:00 AM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Mecklenburg</b>	FTD Caregivers Charlotte	2nd Sun	3:00 PM	704- 442-5594	Charles Elligson	charles41elligson@gmail.com
<b>Moore</b>	Pinehurst	1st Tues	2:00 PM	910-695-0011	Jennifer Tyner	jennifert@aoscaremanagement.com
	Pinehurst	3rd Tues	1:00 PM	910-715-4224	Rebecca Ainslie	
	Southern Pines	Every Thurs	10:30 AM	925-413-2570	Dale Krech	dalek1948@gmail.com
	Southern Pines	2nd Wed	12:00 PM	910-420-3762	Jennifer Tyner	jennifert@aoscaremanagement.com
	Early Stage Support Group Seven Lakes	1st and 2nd Wed	2:00PM	910-690-9478	Amy Natt	amyn@agingoutreachservices.com
<b>Nash</b>	Nashville	3rd Tues	3:00 PM	252-459-1365	Ashley Winstead	ashley.winstead@nashcountync.gov
	Rocky Mount	3rd Wed	10:30 AM	252-443-3999	Dawana Walston	rmmktg@hhhunt.com
<b>New Hanover</b>	Wilmington	3rd Mon	1:30 PM	910-798-6402	Bartle Canny	bcanny@nhcgov.com
	Wilmington	1st Tues	12:00 PM	910-395-4553x204	Holly Pilson	hpilson@capefearcog.org
	Early Stage Individuals/Caregivers Wilmington	3rd Wed	10:00AM	910-798-6445	Andrew Zeldin	azeldin@nhcgov.com
	Wilmington	3rd Wed	1:00 PM	910-859-4607	Ann LaReau	lareaualztraining@gmail.com
	Wilmington	3rd Wed	6:00 PM	910-859-4607	Ann LaReau	lareaualztraining@gmail.com
	Wilmington	2nd Mon	11:45 AM	910-350-1980	Marianna Stacy	mstacy@libertyseniorliving.com
	Wilmington	3rd Mon	5:30 PM	336-558-6539	Carol Wise	carolwise01@gmail.com

	Creative outlet for caregivers	Wilmington	2nd Tues	1:00 PM	910-798-6435	Becky Hayes	rhayes@nhcgov.com
<b>Northampton</b>		Jackson	3rd Thurs	11:00 AM	252-534-1012	Rebecca Stapleton	faisonsrcenter@yahoo.com
<b>Onslow</b>	provides adult day care services	Jacksonville	2nd Tues	2:00 PM	910-989-3007	Ashley Hines	ashley_hines@onslowcountync.gov
<b>Orange</b>		Chapel Hill	2nd/4th Fri	10:30AM	919-245-4253	Kim Lamon-Laperfido	kloperfido@orangecountync.gov
		Chapel Hill	3rd Wed	12:00 PM	919-967-7570	Paul Klever	paul@charleshouse.org
		Hillsborough	1st Tues	4:00 PM	919-245-4253	Kim Lamon-Laperfido	kloperfido@orangecountync.gov
		Hillsborough	3rd Thurs	6:00 PM	919-923-6461	Cassandra Sinnott	c.sinnott2011@gmail.com
<b>Pamlico</b>		Bayboro	1st & 3rd Mon	2:00 PM	252-745-7196	Beth Hardison	beth.hardison@pamlicocounty.org
<b>Pender</b>		Burgaw	4th Thurs	11:30 AM	910-395-4553	Holly Pilson	hpilson@capefearcog.org
<b>Person</b>		Roxboro	4th Tues	6:00 PM	336-599-7484	Lynn Jones	lynn.jones@personseniors.org
		Roxboro	2nd Tues	6:30 PM	336-599-7484	Maynell Harper	maynell.harper@personseniors.org
<b>Perquimans</b>		Hertford	2nd Mon	1:00 PM	252-426-5753 x226	Lynne Raisor	lraisor@accog.org
<b>Pitt</b>		Farmville	3rd Sun	4:00 PM	252-531-9460	Edwina Bailey	edwina@mvjcpa.net
		Greenville	3rd Wed	6:00 PM	252-353-2400	Laura Mullen	lmullen1@brookdale.com
		Greenville	4th Tues	6:30 PM	252-414-3230	Amanda Biggs	abiggs@mideastcom.org
		Greenville	3rd Wed	12:00 PM	252-830-8944	Arlene Williams	gvccc@hhhunt.com
		Greenville	3rd Tues	10:00 AM	252-355-5677	Malcolm Smith	malcolm@silvercareweb.com
<b>Robeson</b>		St Paul	3rd Sat	11:30 AM	336-684-0144	Latishia Stanley	latishiasowk@gmail.com
<b>Rowan</b>		Salisbury	4th Thurs	5:30 PM	704-603-2778	Teresa Dakins	TDakins@trinityathome.net
<b>Sampson</b>		Clinton	2nd Tues	2:00 PM	910-592-4653	Lisa Henderson	lhenderson@sampsonnc.com
<b>Scotland</b>		Laurinburg	3rd Tues	7:00 PM	910-610-1134	Doris Ann Donovan	dadonovan@hotmail.com
<b>Vance</b>		Henderson	3rd Tues	12:00 PM	252-430-0257	Susan Tucker	susan.tucker@vance.nc.gov
		Henderson	4th Mon	11:30 AM	252-430-0257	Joyce Davis	joyce.davis@vance.nc.gov
<b>Wake</b>		Apex	3rd Tues	2:15 PM	919-629-8145	Nicole Dickens	ndickens@cvsliving.com
		Apex	4th Thurs	7:00 PM	919-319-1294	Peggy Kline	uofkgrad@gmail.com
		Apex	2nd Thurs	6:00 PM	919-303-9990	Tonya Headen-Lee	axed@hhhunt.com
		Cary	2nd & 4th Mon	11:30 AM	919-462-3983	Theresa Trimble	carysc@rfsnc.org
		Cary	3rd Mon	7:00 PM	919-630-9232	Lou Paules	rpauls@earthlink.net
		Cary	3rd Thurs	10:00 AM	919-624-1944	Laurie Ray	laurie@lifelinks.care
		Cary	3rd Mon	10:00 AM	919-447-4494	Mary Arthur	marthur@glenaire.org
		Cary	2nd & 4th Tuesdays	6:30 PM	919-410-3149	Nancy Stolfo-Corti	nac@seniorhelpers.com
		Cary	3rd Sun	4:00 PM	919-233-9100	Nancy Boyd	nancyboyd66@gmail.com
		Cary	3rd Thurs	7:00 PM	919-460-5959	Casey Hix	cary.avc@sunriseseniorliving.com
		Fuquay Varina	1st Tues	6:30 PM	919-210-7525	Kathy Seawell	sakatielong@hotmail.com
		Fuquay Varina	3rd Tues	2:00 PM	919-650-6664	Trudy Croxton	tcroxton@reliaslearning.com
		Garner	3rd Thurs	6:30 PM	919-772-0018	Donna Gould	1spectrum@nc.rr.com

<b>Raleigh</b>		Anson Way	1st Tues	6:00 PM	919-832-3732	Melanie Bunn	melanie.bunn@yahoo.com
		Cardinal at North Hills	2nd Mon	10:00 AM	919-832-3732	Dee Dee Harris	dharris@DementiaNC.org
	Lewy Body Dementia	Lake Boone Tr.	2nd Thurs	10:00 AM	919-616-2776	Loree Idol	idol.loree@gmail.com
	FTD Caregivers	Lake Boone Tr.	3rd Tues	7:00 PM	919-538-4827	Paul Lester	pblester58@gmail.com
		Cypress Lake Dr.	3rd Wed	4:00 PM	919-518-8902	Allison Phillips	aphillips@thecypressofraleigh.com
		Newton Rd.	2nd Tues	7:00 PM	919-848-0303	Rachel Strauss	rbs@nc.rr.com
		Sawmill Rd.	2nd Mon	7:30 PM	919-848-7083	Phyllis Mayo	phyllis.mayo@springmoor.org
		Leesville Road	1st Wed	1:00 PM	919-900-8280	Linda Tucker	littucker40@gmail.com
		Leesville Road	3rd Wed	7:00 PM	919-215-2331	Lynne Carpenter	lynne@phicare.com
		New Hope Rd	3rd Tues	12:30 PM	919-250-0255	Sandra Taranto	ered@hhhunt.com
		Van Thomas Dr.	3rd Tues	12:00 PM	336-681-1306	Latoya Galberth	latoyaunc@gmail.com
		W. Edenton St.	2nd & 4th Wed	3:30PM	919-832-7227	Matt Frazier	mfrazier@esumc.org
		Wake Forest	2nd Tues	2:00PM	919-569-2101	Mark Foreman	mark.foreman@carillonassistedliving.com
		Wake Forest	2nd Tues	6:00 PM	919-569-2101	Alice Reid	wakeforestactivities@carillonassistedliving.com
	Caregiver class/support	Wake Forest	3rd Wed	10:00 AM	828-429-7905	Pat Synder	patsnyder137@gmail.com
		Wendell	2nd Wed	9:30 AM	919-366-0849	Judith Shotts	jshotts65@att.net
	<b>Warren</b>		Warrenton	2nd Tues	3:15 PM	252-436-2042	Harvey Holmes
<b>Washington</b>		Plymouth	1st Thurs	5:30 PM	252-793-3816	Vanessa Joyner	vjoyner@washconc.org
<b>Wayne</b>		Goldsboro	2nd Thurs	5:30 PM	919-731-1589	Rob Phillips	robert.phillips@waynegov.com
<b>Wilson</b>		Wilson	2nd Thurs	11:00 AM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
		Wilson	4th Tues	4:30 PM	252-237-9050	Leyta Bullock	lechols@5ssl.com
		Wilson	3rd Tues	11:00 AM	252-243-2773	Janelle Clevinger	mhawilsonnc@gmail.com



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**9131 Anson Way, Ste. 206**  
**Raleigh, NC 27615**  
**(919) 832-3732**  
**(800) 228-8738**

**www.DementiaNC.org**



