



# Community Dementia Workshop

*information/registration*

Please contact January Brown  
at [jbrown@eccog.org](mailto:jbrown@eccog.org) or  
(252) 638 - 3185 ext. 3011.

Please dress in layers  
as temperature varies.

The event is free.

Registration is requested by  
Monday, September 16th.

  
Eastern Carolina Council  
Area Agency on Aging

  
**DEMENTIA  
ALLIANCE**  
of North Carolina

**Fri., September 20, 2019**

**1:30 Check - In**

**2:00 - 4:30 Education**

First, join us to learn more about Alzheimer's disease and dementia. Discover the difference between the two, explore what is happening in the brain, and how to better connect with someone living with dementia. Melanie Bunn, MS, RN, Dementia Training Specialist with Dementia Alliance of North Carolina will answer your questions and share how to help people with dementia and their caregivers.

Next, with all of the resources available to caregivers these days, how do you choose and how can technology really help? We will look at what caregiver technology is and what technology resources can assist you in your caregiving role. Come see how it works in real life caregiving situations. *Its not all about computers!*

***Location:***

**Onslow County Senior Center  
4024 Richlands Highway  
Jacksonville, NC 28540**

