

# *Music & Memory Morning Cafe*

Please join us for this free event where we will sing and dance to live music performed by individuals of all ages! While enjoying the festivities, we'll learn about the amazing power that music has on the brain and memory! This is a Dementia Friendly event, meant to be enjoyed by all members of our community! Refreshments will be served and experienced community resources will be available to provide helpful information.

For more details & to RSVP, please visit [www.DementiaNC.org/M&Mcafe](http://www.DementiaNC.org/M&Mcafe) or call Nichole with ComForCare Home Care at (704) 491-1090.

**Saturday, September 7th**  
**10:00 am - 12:00 pm (doors open at 9:00 am)**  
**Hope Community Church**  
**821 Buck Jones Rd, Raleigh**

To benefit Dementia Alliance of North Carolina's Music & Memory at Home program. Event hosted by:

