



Community Dementia Workshop

Tuesday, May 28, 2019

1:00 - 4:00 pm

featuring

Lisa Levine, Dementia Alliance of North Carolina, Rubi Merino, RN, and Jean Matthews, MSN, RN, and Donna Roberson, PhD, ECU College of Nursing

location

Hattie Palmer Staton Senior Center
Of Excellence

1403 Church St., Scotland Neck, NC 27874

Information will include keeping your brain healthy, what is “normal” aging and what isn’t, when to seek help, and keys to keeping your memory sharp. We will look at communication techniques and caregiver tips for those helping loved ones who have dementia. And finally we will explore ways to get and give support for caregivers.

Upper Coastal Plain



Assistance. Advocacy. Answers on Aging.

Serving Edgecombe, Halifax, Nash,
Northampton and Wilson Counties



**DEMENTIA
ALLIANCE**

of North Carolina

ENGAGE. EDUCATE. EMPOWER.



The workshop is free but registration is requested.

Light refreshments will be served.

information/registration

Ashleigh Glover at (252) 234-5984 or
AAAInfo@ucpcog.org