

**KACY HALL, DIRECTOR OF COMMUNITY OUTREACH
DEMENTIA ALLIANCE OF NORTH CAROLINA**

After assisting her family with the care of her grandmother who was diagnosed with Alzheimer's disease, Kacy became committed to educating, supporting and advocating for other families impacted by the disease and other related dementias. In a major career shift from property management, Kacy managed a memory care community in a long-term care facility before deciding to return to college to pursue a field of study that would enable her to follow her passion for improving the lives of individuals living with dementia. She now has a BS in Gerontology and a minor in Social Work from Barton College and has been working in the aging field for 8 years.

**KARI RICHIE, HEALTH & FITNESS DIRECTOR
SPRINGMOOR LIFE CARE RETIREMENT COMMUNITY**

Kari graduated with a BS in Physical Education/Corporate Fitness and Wellness. After completing an internship at a Continuing Care Retirement Community in Grand Rapids, Michigan, she knew this was the field for her. Kari has been the Health & Fitness Director at Springmoor for ten years. She has created and implemented fitness and wellness programs for all levels of care. She's passionate about providing opportunities for all levels and abilities, encouraging residents to do the best they can. Kari believes that movement along with social interaction is key for the residents' well-being.



ENGAGE.
EDUCATE.
EMPOWER



1500 Sawmill Road
Raleigh, NC 27615
Springmoor.org



The Dementia Impact

A Look at Medical Progress, Personal Strategies, & Community Efforts



**SPRINGMOOR'S 16TH ANNUAL
ALZHEIMER'S CONFERENCE**

November 8, 2019, 9:00 am – 3:15 pm

Program Outline

8:30 – 9:00	Registration
9:00 – 9:15	Welcome, Joyce Eisele <i>Outpatient Services Coordinator</i>
9:15 – 10:00	Dr. Richard J. O'Brien, MD, PhD, Neurologist <i>Alzheimer's Disease; Big Problem, Little Progress</i>
10:00 – 10:15	Break (visit vendors)
10:15 – 11:00	Dr. Richard J. O'Brien, MD, PhD, Neurologist <i>Alzheimer's Disease; Big Problem, Little Progress</i>
11:00 – 11:15	Q & A with Dr. O'Brien
11:15 – 11:45	Memory Café
11:45 – 12:00	Heather Hooper, Executive Director <i>Dementia Alliance</i>
12:00 – 1:00	Lunch Provided by <i>Andrassy's Culinary Delights, Inc</i>
1:00 – 2:00	Pat Snyder, Author <i>Identifying the Enemy</i>
2:00 – 2:30	Kari Richie, Health & Fitness Director <i>Movement & Memory</i>
2:30 – 3:00	Kacy Hall, Director of Community Outreach <i>Music & Memory</i>
3:00 – 3:15	Conclusion & Evaluations

VENDORS:

Silver Linings, Springmoor Physical Therapy, Legacy Healthcare Services, Sarah Care, Transitions LifeCare, Dementia Alliance NC, Affordable Family Care, Memory Café

4.0 Contact Hours Will Be Offered

KEYNOTE SPEAKER:

DR. RICHARD J. O'BRIEN, MD, PHD, NEUROLOGIST
DUKE NEUROLOGICAL DISORDERS CLINIC

I see patients with memory disorders, such as Alzheimer's disease or other forms of dementia. In almost every encounter, I feel like I see two patients: the person with the disease and the person taking care of the person with the disease. The caregiver often needs as much attention as the patient because they are under a lot of stress, so I offer helpful tips, advice, encouragement, and resources. These diseases don't have cures, so I spend a lot of time talking with caregivers, diagnosing the disease, and helping families cope. There are some medicines we use for these diseases, but their effect is fairly limited, so we also try to treat side effects, such as depression or behavioral problems. It's a partnership between the doctor, the patient, and the family trying to keep the patient as safe, happy, and healthy as possible. I am also involved in research projects and enjoy both seeing patients and studying their diseases in the lab.



PAT SNYDER, AUTHOR, *TREASURES IN THE DARKNESS*

Pat was the primary caregiver of her husband, John, who was diagnosed with Lewy Body Dementia in 2007. Pat teaches a UNC and LBDA affiliated class for dementia caregivers in Wake Forest, NC. She moderates an online support group and administrates the LBDNC Facebook page. She continues to work with Dr. Daniel Kaufer, Director of UNC Memory Disorders Clinic, in linking LBD resources in and around North Carolina.

Registration

Due by November 1, 2019

**SPRINGMOOR'S 16TH ANNUAL
ALZHEIMER'S CONFERENCE**
November 8, 2019, 9:00 am – 3:15 pm

NAME: _____

PHONE: _____

EMAIL: _____

Please use the space below to submit questions for the speakers to answer during the conference.

REGISTRATION/PAYMENT: \$20.00

Make check payable to: Springmoor, Inc.

Mail to: Joyce Eisele
Springmoor Life Care Retirement Community
1500 Sawmill Road
Raleigh, NC 27615

Questions regarding conference, please contact:
Joyce Eisele, RN – joyce.eisele@springmoor.org

Payment non-refundable after due date.