

Charting the Course for Better Dementia Caregiving

WEDNESDAY
April 3, 2019

Visit our exhibits to learn more about the resources in your area!

During the symposium you will have the opportunity to participate in the Virtual Dementia Tour® (VDT) – a dementia simulation where you can experience the challenges someone with dementia might face. The VDT is a powerful sensitivity and awareness experience created for anyone seeking to understand the physical & mental challenges of those with dementia.

It can be very emotionally moving.

VDT will be ongoing during all sessions and lunch. Sign up at morning check-in to participate.

VDT is offered by the ECU College of Nursing through the HRSA GWEP.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28722 and Geriatrics Workforce Enhancement Program for a total award of \$3,424,261.00 and 0 percent financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Location

EJ Hayes Alumni Center
705 Washington St.
Williamston, NC 27892

Information/Registration

Lisa Levine, Dementia Alliance of NC
(919) 832-3732 or email llevine@DementiaNC.org

9131 Anson Way, Suite 206
Raleigh, NC 27615
(919) 832-3732
www.DementiaNC.org

DEMENTIA
ALLIANCE
of North Carolina



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MID-EAST COMMISSION
AREA AGENCY ON AGING


DEMENTIA
ALLIANCE
of North Carolina


ECU
CAPTURE YOUR HORIZON

registration information

\$10 – Family Caregivers, Clergy, Students & Volunteers

Respite reimbursement is available with prior approval. Contact Dee Dee Harris at (919) 832-3732.

\$40 – Professionals. Includes 3.5 CEUs

See www2.ncdhhs.gov/dhsr/acls/ceu.html for credit information.

-Resource information will be offered on site through hosts and exhibitors.

-Please make checks payable to Dementia Alliance of North Carolina.

-Payment non-refundable after deadline. Credit card payment can be made at (919) 832-3732.

-Please dress in layers as room temperatures are difficult to regulate.

Special needs? Please notify us in advance so accommodations can be made, if possible.

agenda

8:30 am **Registration/Check-In & Sign Up for Virtual Dementia Tour**

9:30 **Welcome**

9:45 **Improving Quality of Life for You & Your Loved One: Activities for Those Living with Dementia**

Dr. Roberson will discuss how dementia affects the mind & body. She will explore activities that can enrich your loved one's life. Keeping your loved one active, safe & engaged will help!

Donna W. Roberson, PhD, FNP-BC, ECU College of Nursing Associate Professor, PI/PD ECU Geriatric Workforce Enhancement Program Grant

10:45 **Break and Visit Exhibitors**

11:00 **Managing Difficult Behaviors**

Dr. Oakley will share common disruptive behaviors seen among people living with dementia & discuss strategies for caregivers to better manage these at home.

Stan Oakley, MD, DLFAPA,
Professor of Psychiatric Medicine,
Brody School of Medicine

12:00 pm **Lunch**

12:45 **A Matter of Balance**

A Matter of Balance is a structured group class that uses a variety of activities to address factors affecting the fear of falling & teach fall prevention strategies. The full course is conducted over eight sessions & today you will get a taste of what it includes. Activities include group discussion, problem-solving, skill building, assertiveness training, & exercise training. Today you will gain skills to take home & use for both yourself & your loved ones.

Brandie W. Garner, MSW, CRS-A/D, Aging Services Coordinator, Mid-East Commission Area Agency on Aging

1:30 **Break and Visit Exhibitors**

1:45 **A Caregiver's Guide to Wandering**

This session will look at wandering in order to provide peace of mind & help you keep your loved one safe. We will discuss the potential dangers associated with wandering & provide you with the tool to create an ACTION PLAN in the event your loved one wanders from home. This can reduce the risks of wandering & help you respond in the event it should happen.

Tamyra Jovel, MSW,
Family Caregiver Resource Specialist,
Mid-East Commission Area Agency on Aging

2:30 pm **Closing, Evaluations, and Raffle Prizes**

Williamston registration

Pre-registration is required by
Wednesday, March 27, 2019.

Name

Mailing address

Phone

E-mail

For online registration with credit card payment:
www.DementiaNC.org/Williamston2019

- \$10 – Family Member/Family Caregiver
- Will call to request scholarship for fee (Family Caregivers Only)
- Clergy, Volunteer, or Student \$10
- \$40 – Professional (includes CEU's)

Will you need respite reimbursement for your loved one? Yes No

if yes, you will be contacted by Dementia Alliance

Please submit your registration to:

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