



# DEMENTIA ALLIANCE

of North Carolina

- formerly Alzheimer's North Carolina -

## SUPPORT GROUPS By County

<b>Alamance</b>	FTD Caregivers	Burlington	3rd Tues	6:00 PM	919-632-8083	Kathy LaFone	timlafone@yahoo.com
<b>Beaufort</b>		Washington	4th Mon	5:30 PM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Bertie</b>		Windsor	4th Tues	5:30PM	252-974-1837	Tamyra Jovel	<a href="mailto:tjovel@mideastcom.org">tjovel@mideastcom.org</a>
<b>Brunswick</b>		Carolina Shores	2nd Tues	1:00PM	703-217-9144	Cindy Hardy	<a href="mailto:chardync@gmail.com">chardync@gmail.com</a>
		Leland	2nd Thurs	10:00 AM	910-395-4553	Holly Pilson	hpilson@capefearcog.org
		Supply	2nd Thurs	2:00 PM	910-754-7604	Melissa Starr	mstarr@bsrinc.org
		Southport	Last Wed	Call for time	910-395-4553	Holly Pilson	hpilson@capefearcog.org
		Southport	3rd Wed	1:00 PM	910-368-7060	Vicki Carlson	bfairy65@gmail.com
		Southport	2nd Thurs	1:00 PM	910-454-4001	Richard Sanfilippo	richard.sanfilippo@carillonassistedliving.com
<b>Buncombe</b>		Asheville	3rd Tues	1:00 PM	828-230-4143	Mary Donnelly	network@memorycare.org
		Candler	2nd Thurs	1:00 PM	828-230-4143	Mary Donnelly	network@memorycare.org
		Black Mountain	2nd Tues	9:30 AM	828-230-4143	Mary Donnelly	network@memorycare.org
	Early Stage for Individuals	Black Mountain	2nd Tues	9:30 AM	828-301-0529	Mel Kelley	avant_garden@msn.com
		Woodfin	4th Tues	1:00 PM	828-301-0740	Pat Hilgendorf	patricia.hilgendorf@gmail.com
<b>Cabarrus</b>		Concord	1st Wed	12:15 PM	704-933-6337x30007	Amanda Buck	<a href="mailto:abuck@cannapharmacies.com">abuck@cannapharmacies.com</a>
<b>Carteret</b>		Morehead City	2nd Thurs	1:30 PM	252-241-2201	Pat Wesson	pwesson@friendlycaregivers.com
		Cape Carteret	1st & 3rd Tues	1:30 PM	252-393-3243	Joyce Manley	jandwnc2@gmail.com
<b>Chatham</b>		Pittsboro	3rd Mon	6:00 PM	919-542-4512	Susan Hardy	susan.hardy@chathamcoa.org
<b>Craven</b>		New Bern	1st Wed	1:00 PM	252-636-0831	Nancy Willett	mommywillett@gmail.com
		New Bern	3rd Thurs	2:00 PM	252-633-1779	Alison Schneider	aschneider@courtyardsbernevillage.com
	Individual recently diagnosed	New Bern	4th Tues	10:00 AM	252-638-1790	Alissa Andrewsbrown	<a href="mailto:Alissa.andrewsbrown@cravencountync.gov">Alissa.andrewsbrown@cravencountync.gov</a>
		New Bern	1st Mon	4:00 PM	252-638-1790	Alissa Andrewsbrown	<a href="mailto:Alissa.andrewsbrown@cravencountync.gov">Alissa.andrewsbrown@cravencountync.gov</a>
<b>Cumberland</b>		Fayetteville	3rd Tues	2:00 PM	910-615-1633	Sam Hutchison	shutchison@capefearvalley.com
		Fayetteville	3rd Thurs	12:30 PM	910-323-4191x23	Carla Smith	csmith@mccog.org
		Fayetteville	2nd Wed	10:00AM	910-484-0111x242	Lisa Hughes	<a href="mailto:lhughes@ccccooa.org">lhughes@ccccooa.org</a>
<b>Dare</b>		Kitty Hawk	3rd Thurs	1:00 PM	252-480-3354	Gail Sonnesso	gsonnesso@gmail.com
		Kill Devil Hills	2nd Tues	2:30 PM	252-489-9508	Dianne Denny	obxdementiataskforce@gmail.com
<b>Davie</b>		Mocksville	2nd Tues	5:30PM	336-753-6233	Kelly Sloan	ksloan@daviecountync.gov
<b>Duplin</b>		Kenansville	1st Tues	6:00 PM	910-296-2140	Melisa Brown	melisab@duplincountync.com

<b>Durham</b>		Durham	Last Thurs	6:30 PM	919-660-7510	Janeli McNeal	janeli.mcneal@duke.edu
		Dtrs & Dtrs-in-law	Last Wed	12:00PM	919-660-7510	Bobbi Matchar	barbara.matchar@duke.edu
		Durham	4th Tues	10:30 AM	919-660-7508	Lisa Gwyther	Lisa.Gwyther@duke.edu
<b>Edgecombe</b>		Tarboro	2nd Tues	1:00 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
<b>Forsyth</b>	FTD Caregivers	Winston-Salem	2nd Mon	7:00PM	336-399-6968	Rona Klein	points14@live.com
		Winston-Salem	2nd Mon	6:00PM	336-722-7118	Regina Banner	rbanner@5ssl.com
		Winston-Salem	Every Wed	11:00 AM	336-724-2155	Sharon Welborn	swelborn@seniorservicesinc.org
		Winston-Salem	Every Fri	12:15 PM	336-724-2155	Sharon Welborn	swelborn@seniorservicesinc.org
<b>Franklin</b>		Louisburg	2nd Mon	7:00 PM	919-496-1131	Wendy Hunter	whunter@franklincountync.us
<b>Granville</b>		Oxford	1st Wed	12:00 PM	919-690-3273	Rachel Pennington	rpennington@granvillemedical.com
<b>Greene</b>		Snow Hill	4th Friday	12:00 PM	252-747-8402	Sharon Harrison	sharon.harrison@greenecountync.gov
<b>Guilford</b>		High Point	1st Wed	1:00 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
		Greensboro	2nd Tues	12:30 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
		Greensboro	Last Tues	5:45 PM	336-274-3559	Jodi Kolada	jkolada@well-spring.org
<b>Halifax</b>		Enfield	2nd Wed	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
		Roanoke Rapids	3rd Wed	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
		Scotland Neck	4th Tues	12:30 PM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
<b>Harnett</b>		Lillington	3rd Thurs	11:00AM	910-814-6075	Latorius Adams	lsadams@harnett.org
<b>Haywood</b>		Waynesville	4th Tues	5:30 PM	828-926-0018	Marian Badgley	mwbadgley@bellsouth.net
<b>Henderson</b>		Fletcher	1st Tues	1:00 PM	828-301-0740	Pat Hilgendorf	patricia.hilgendorf@gmail.com
		Hendersonville*	Every Thurs	1:30 PM	828-974-1981	Bill Smutny	
		*A meeting for the newly diagnosed memory loss meets at the same time.					
		Hendersonville	3rd Tues	1:30 PM	828-696-9799	Lisa Kauffman	lisak561@bellsouth.net
<b>Hertford</b>		Ahoskie	4th Tues	11:00AM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Johnston</b>		Clayton	4th Thurs	6:00 PM	919-934-6066	Pam Maynor	pam@cssjohnston.org
		Clayton	3rd Thurs	3:00 PM	919-703-7368	Brad Hamilton	brad.hamilton@saberhealth.com
		Smithfield	3rd Thurs	1:30 PM	919-934-6066	Pam Maynor	pam@cssjohnston.org
<b>Lee</b>		Sanford	1st/3rd Thurs	1:00PM	919-776-0501 x2230	Holly Hight	hhight@leecountync.gov
<b>Lenoir</b>		Kinston	1st Tues	6:00 PM	252-526-7242	Sue Shivar	shivar2008@embarqmail.com
<b>Martin</b>		Williamston	2nd Mon	10:00 AM	252-974-1837	Tamyra Jovel	tjovel@mideastcom.org
<b>Mecklenburg</b>	FTD Caregivers	Charlotte	2nd Sun	3:00 PM	704- 442-5594	Charles Elligson	charles41elligson@gmail.com
<b>Moore</b>		Pinehurst	1st Tues	2:00 PM	910-695-0011	Jennifer Tyner	jennifert@aoscaremanagement.com
		Pinehurst	3rd Tues	1:00 PM	910-715-4224	Rebecca Ainslie	
		Pinehurst	Every Tues	10:30AM	925-413-2570	Dale Krech	<a href="mailto:dalek1948@gmail.com">dalek1948@gmail.com</a>
		Southern Pines	Every Thurs	10:30 AM	925-413-2570	Dale Krech	dalek1948@gmail.com
		Southern Pines	2nd Wed	12:00 PM	910-420-3762	Jennifer Tyner	jennifert@aoscaremanagement.com
		Early Stage Support Group	Seven Lakes	1st and 2nd Wed	2:00PM	910-690-9478	Amy Natt
<b>Nash</b>		Nashville	3rd Tues	3:00 PM	252-459-1365	Ashley Winstead	ashley.winstead@nashcountync.gov
		Rocky Mount	3rd Wed	10:30 AM	252-443-3999	Dawana Walston	rmmktg@hhhunt.com

<b>New Hanover</b>	Wilmington	3rd Mon	1:30 PM	910-798-6402	Bartle Canny	bcanny@nhcgov.com	
	Wilmington	1st Tues	12:00 PM	910-395-4553x204	Holly Pilson	hpilson@capefearcog.org	
	Early Stage Individuals/Caregivers	Wilmington	3rd Wed	10:00AM	910-798-6445	Andrew Zeldin	azeldin@nhcgov.com
	Wilmington	2nd Mon	11:45 AM	910-350-1980	Marianna Stacy	mstacy@libertyseniorliving.com	
	Wilmington	3rd Mon	5:30 PM	336-558-6539	Carol Wise	carolwise01@gmail.com	
	Creative outlet for caregivers	Wilmington	2nd Tues	1:00 PM	910-798-6435	Becky Hayes	rhayes@nhcgov.com
<b>Northampton</b>	Jackson	3rd Thurs	11:00 AM	252-534-1012	Rebecca Stapleton	faisonsrcenter@yahoo.com	
<b>Onslow</b>	provides adult day care services	Jacksonville	2nd Tues	2:00 PM	910-989-3007	Charmony Clark	<a href="mailto:charmony_clark@onslowcountync.gov">charmony_clark@onslowcountync.gov</a>
<b>Orange</b>	Chapel Hill	2nd/4th Fri	10:30AM	919-245-4253	Kim Lamon-Laperfido	kloperfido@orangecountync.gov	
	Chapel Hill	3rd Wed	12:00 PM	919-967-7570	Paul Klever	paul@charleshouse.org	
	Hillsborough	2nd & 4th Thurs	1:00 PM	919-245-4253	Kim Lamon-Laperfido	kloperfido@orangecountync.gov	
	Hillsborough	3rd Thurs	6:00 PM	919-923-6461	Cassandra Sinnott	c.sinnott2011@gmail.com	
<b>Pamlico</b>	Bayboro	1st & 3rd Mon	2:00 PM	252-745-7196	Beth Hardison	beth.hardison@pamlicocounty.org	
<b>Pender</b>	Burgaw	4th Thurs	11:30 AM	910-395-4553	Holly Pilson	hpilson@capefearcog.org	
	Hampstead	4th Wed	4:00 PM	910 859-4607	Ann LaReau	lareaualztraining@gmail.com	
<b>Person</b>	Roxboro	4th Tues	6:00 PM	336-599-7484	Lynn Jones	lynn.jones@personseniors.org	
	Roxboro	2nd Tues	6:30 PM	336-599-7484	Maynell Harper	maynell.harper@personseniors.org	
<b>Perquimans</b>	Hertford	2nd Mon	1:00 PM	252-426-5753 x226	Lynne Raisor	lraisor@accog.org	
<b>Pitt</b>	Farmville	3rd Sun	4:00 PM	252-531-9460	Edwina Bailey	edwina@mvjcpa.net	
	Greenville	3rd Wed	6:00 PM	252-353-2400	Laura Mullen	lmullen1@brookdale.com	
	Greenville	4th Tues	6:00 PM	252-414-3230	Amanda Biggs	abiggs@mideastcom.org	
	Greenville	3rd Wed	6:00 PM	252-830-8944	Arlene Williams	gvccc@hhhunt.com	
	Greenville	3rd Tues	10:00 AM	252-355-5677	Malcolm Smith	malcolm@silvercareweb.com	
<b>Robeson</b>	St Paul	3rd Sat	11:30 AM	336-684-0144	Latishia Stanley	latishiasowk@gmail.com	
<b>Rowan</b>	Salisbury	4th Thurs	5:30 PM	704-603-2778	Teresa Dakins	TDakins@trinityathome.net	
<b>Sampson</b>	Clinton	2nd Tues	2:00 PM	910-592-4653	Lisa Henderson	lhenderson@sampsonnc.com	
<b>Scotland</b>	Laurinburg	3rd Tues	7:00 PM	910-610-1134	Doris Ann Donovan	dadonovan@hotmail.com	
<b>Stanly</b>	Albemarle	1st Fri	11:00AM	704-986-3769	Aleshia Holland	<a href="mailto:aholland@stanlycountync.gov">aholland@stanlycountync.gov</a>	
<b>Vance</b>	Henderson	3rd Tues	12:00 PM	252-430-0257	Susan Tucker	susan.tucker@vance.nc.gov	
	Henderson	4th Mon	11:30 AM	252-430-0257	Joyce Davis	joyce.davis@vance.nc.gov	

<b>Wake</b>		Apex	3rd Tues	2:15 PM	919-629-8145	Nicole Dickens	ndickens@cvsliving.com
		Apex	4th Thurs	7:00 PM	919-319-1294	Peggy Kline	uofkgrad@gmail.com
		Apex	2nd Thurs	10:30 AM	919-303-9990	Tonya Headen-Lee	axed@hhhunt.com
		Cary	3rd Mon	7:00 PM	919-630-9232	Lou Paules	rpaules@earthlink.net
		Cary	3rd Thurs	10:00 AM	919-624-1944	Laurie Ray	laurie@lifelinks.care
		Cary	3rd Mon	10:00 AM	919-447-4494	Mary Arthur	marthur@glenaire.org
		Cary	2nd & 4th Mon	6:30 PM	919-388-9635	Robyn Myers	cycpm@hhhunt.com
		Cary	3rd Thurs	7:00 PM	919-460-5959	Casey Hix	cary.avc@sunriseseniorliving.com
		Fuquay Varina	1st Tues	6:30 PM	919-210-7525	Kathy Seawell	sakatielong@hotmail.com
		Fuquay Varina	3rd Tues	2:00 PM	919-306-1352	Trudy Croxton	<a href="mailto:croxtontrudy@gmail.com">croxtontrudy@gmail.com</a>
	Garner	3rd Thurs	6:30 PM	919-772-0018	Donna Gould	1spectrum@nc.rr.com	
<b>Raleigh</b>		Anson Way	1st Tues	6:00 PM	919-832-3732	Melanie Bunn	melanie.bunn@yahoo.com
		Cardinal at North Hills	2nd Mon	10:00 AM	919-832-3732	Dee Dee Harris	dharris@DementiaNC.org
	Lewy Body Dementia	Lake Boone Tr.	2nd Thurs	10:00 AM	919-616-2776	Loree Idol	idol.loree@gmail.com
	FTD Caregivers	Lake Boone Tr.	3rd Tues	7:00 PM	919-538-4827	Paul Lester	pblester58@gmail.com
		Newton Rd.	2nd Tues	7:00 PM	919-848-0303	Rachel Strauss	rbs@nc.rr.com
		Sawmill Rd.	2nd Mon	7:30 PM	919-848-7083	Phyllis Mayo	phyllis.mayo@springmoor.org
		Leesville Road	1st Wed	1:00 PM	919-900-8280	Linda Tucker	littucker40@gmail.com
		Leesville Road	3rd Wed	7:00 PM	919-215-2331	Lynne Carpenter	lynne@phicare.com
		New Hope Rd	3rd Tues	12:30 PM	919-250-0255	Sandra Taranto	ered@hhhunt.com
		Kidd Road	3rd Thurs	6:00 PM	919-208-1667	Lisa Lawson	<a href="mailto:mrladylawson@gmail.com">mrladylawson@gmail.com</a>
		Ridge Rd	1st Tues	2:30 PM	919-7874240 x104	Candi Scott	candi@highlandumc.org
		W. Edenton St.	2nd & 4th Wed	3:30PM	919-612-6088	Diane Amidon	damidon@esumc.org
	Caregiver class/support	Wake Forest	3rd Wed	10:00 AM	828-429-7905	Pat Synder	patsnyder137@gmail.com
		Wendell	2nd Wed	9:30 AM	919-366-0849	Judith Shotts	jshotts65@att.net

<b>Warren</b>	Warrenton	2nd Tues	3:15 PM	252-436-2042	Harvey Holmes	hholmes@kerrtarcog.org
<b>Washington</b>	Plymouth	1st Thurs	5:30 PM	252-793-3816	Vanessa Joyner	vjoyner@washconc.org
<b>Wayne</b>	Goldsboro	2nd Thurs	5:30 PM	919-731-1589	Rob Phillips	robert.phillips@waynegov.com
<b>Wilson</b>	Wilson	2nd Thurs	11:00 AM	252-234-5960	Kim Emory	kim.emory@ucpcog.org
	Wilson	4th Tues	4:30 PM	252-237-9050	Leyta Bullock	lechols@5ssl.com
	Wilson	3rd Tues	11:00 AM	252-243-2773	Janelle Clevinger	mhawilsonnc@gmail.com



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**9131 Anson Way, Ste. 206  
Raleigh, NC 27615  
(919) 832-3732  
(800) 228-8738**

**[www.DementiaNC.org](http://www.DementiaNC.org)**





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