

PAVING the WAY

Dementia Alliance of North Carolina is committed to improving the lives of all North Carolinians impacted by dementia. Join us in *Paving the Way* for better dementia care across our state!



“After my mother died in March of this year, my father did not remember my mother’s death and continued to look for her everyday. I would have to gently explain that she had passed away and it broke my heart every time. My father would fall apart asking how it happened and why he didn’t know about it. The Dementia Navigator had invaluable guidance and gave me specific words that I could use when talking with my father. Her guidance helped me create a harmonious conversation, leaving him feeling loved and safe. I am so grateful for all of the support I received from Dementia Alliance”

– Michelle Wells-Colgate,
Daughter & Caregiver

500
families served
by our Dementia
Navigation
program



4,587 one-on-one sessions with our Dementia Navigator:

- 67% of caregivers surveyed said their interactions with our Dementia Navigator reduced their caregiving stress.
- 69% stated their caregiving knowledge and skill increased after working with our Dementia Navigator.

113
Support Groups
offered in
53
NC counties



84 new Support Group Facilitators trained:

“Loved the Dementia Alliance Facilitator gathering this morning! Rich, helpful agenda for me. Loved the topics: Grief, Depression, Facilitating Difficult Situations. Melanie, the best in bringing out our facilitator realities giving me the permission to share and opportunity to learn new skills and ideas.”

– Charles Elligson
Charlotte Support Group Leader

1600+

hours of respite funded for caregivers



Caregiver Assistance Funding:

- Assisted 41 families across North Carolina.
- Over \$23,853 in respite assistance given.

30

Music & Memory at Home Kits distributed



93

educational conferences, workshops & speaking engagements with over

4,326 attendees from

79 counties



Dementia Education:

- 93% of survey respondents said they gained skills and confidence to better care for their loved ones!

“Thank you for this training. We are having a lot of difficulty with sundowning with our residents at my facility. Going to take what I learned and share it with my staff.”



“My mother is singing along to some of the songs. That is amazing to me, being that she usually can’t remember episodes of our daily lives. I noticed that she feels happier after she hears the music and sings along to the songs. I am very thankful to the Dementia Alliance for making it possible for me to be able to witness music from her past and help her remember memories throughout her life.”

– Violeta

321

first responders given crisis intervention training



- Dementia Alliance provides Crisis Intervention Team training to police officers, EMT's and 911 dispatchers to give them the knowledge and skills needed to de-escalate persons in crisis situations. The programs emphasizes access to treatment services, rather than jail, for persons displaying signs of mental illness or dementia.

\$100,000



in research funded

Research Funding:

- James R. Bateman, MD, MPH of Wake Forest University Health Sciences for his project titled "Autonomic Biomarkers of Mild Behavioral Impairment in ADRD"



No one should have to face dementia alone.

You have the power to

navigate a family through their dementia diagnosis, providing them with local resources and education to give care and confidence!

- \$25 provides an hour of respite for an overwhelmed caregiver.
- \$50 provides an hour-long online support group.
- \$100 provides personalized consultation with one of our Dementia Navigators.
- \$300 gives a person living with dementia a Music and Memory at Home Kit providing connection and joy.
- \$500 provides training and materials for new support group facilitators.
- \$1,000 provides a free educational webinar to 50 caregivers.

Special Thanks to Our Corporate Sponsors that make this work possible

