



Dementia Caregiver Resource Fair

Does your loved one have memory issues or a diagnosis of Alzheimer's disease, Lewy Body, or other dementia? Do you feel isolated as a caregiver or need additional help in your home? Do you want to learn how to care for yourself as a caregiver? Do you need education on dementia-related challenges, activities for your loved one, or low-cost/no-cost programs to help with care?

This event can help you connect, or reconnect, with services and support you might not have worked with since COVID, including:

- Family Caregiver Specialist Program
- Project C.A.R.E. (Caregiver Alternatives to Running on Empty)
- Dementia Alliance Care Navigators
- NC Registry for Brain Health
- Cumberland County Council on Older Adults
- and much more!

Have questions? Call Barbara White at (910) 323-4191, ext 28 for more information.

Get to know your local resources for navigating a dementia journey:

**Thursday, April 14th
1:00 - 4:00 p.m.
Kiwanis Rec Center
352 Devers Street,
Fayetteville, NC**

(near the corner of Devers and Ft. Bragg)

Join us between 1 - 4 pm to talk to local experts on dementia care. Learn about local services, support groups, respite support and more.

Admission is free to the drop-in event and we do ask that you wear a mask inside.

Presented in partnership with



<https://www.midcarolinacog.org/aaa-programs>



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ALLIANCE**

of North Carolina

A STATE OF CARING

www.DementiaNC.org