



# Community Dementia Workshop

## FREE ROTATION STATION

Come and learn more about caring for someone living with dementia. You will rotate through these stations:

1. Dementia 101: The Basics of Dementia
2. PAC: A Positive Approach to Caring™ for Someone Living with Dementia
3. Strategies for Communicating with Someone Living with Dementia
4. Resources for Caregivers

*You will spend about 15 or 20 minutes at each station. When the bell rings, speed to the next station.*

## Join Us

**Friday, April 29th**

**10:00 - 12:00 pm**

Moratoc Park

102 River Drive

Williamston, NC 27892

Sponsored by:



**MID-EAST COMMISSION  
AREA AGENCY ON AGING**



**DEMENTIA  
ALLIANCE**

of North Carolina

A STATE OF CARING

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**[www.DementiaNC.org](http://www.DementiaNC.org)**