



# Fayetteville Dementia Caregiver WORKSHOP

Thursday, February 16, 2023

9:00 am - 2:00 pm

Whether you are new to caregiving for someone with dementia or have been doing it for years, this event is for you!

Join us, in person for education sessions, resource exhibitors and time for networking with other caregivers:

**9:00 am**

Check-In & Visit Resource Exhibitors

**10:00 am**

Melanie Bunn, RN, MS, GNP, leads a discussion on the different levels of dementia and behaviors caregivers may expect. She will share helpful suggestions and tips on things like communication, redirection, and how to work through anger and resistance to care. Melanie will also help us understand what we need to do, ourselves, to avoid difficult situations our care receivers might not understand.

**12:00 pm**

Lunch will be provided

**12:45 pm**

Legal Aid NC shares insights and answers questions about the many legal aspects of dementia care and how to get prepared and stay prepared as dementia progresses. Wills, Powers of Attorney, Estate Planning and so much more will be discussed.

**2:00 pm**

Closing, evaluations, and thank-you

## **Location:**

**Kiwanis Recreation Center**

352 Devers Street  
Fayetteville, NC 28303

## **Cost:**

\$5 - For family caregivers, community members, students, clergy  
\$25 - For professionals includes 3 CEUs

## **To Register Visit:**

**[www.dementianc.org/Fay2023](http://www.dementianc.org/Fay2023)**

For questions, please call Barbara or Carla at the Mid-Carolina Area Agency on Aging with your questions, (910) 323-4191, Ext. 28 or 23. Or email [bwhite@mccog.org](mailto:bwhite@mccog.org) or [csmith@mccog.org](mailto:csmith@mccog.org).

**Sponsorships & Exhibitor spots available**

## **Hosted By:**



**MID-CAROLINA  
REGIONAL COUNCIL**

## **In Partnership With:**



**DEMENTIA  
ALLIANCE**

of North Carolina

A STATE OF CARING